

# HEALTHY CONVERSATIONS WORKSHOP



## NOVEMBER 9-10, 2018

We are immersed in a culture that is more polarized every day. We are told that difference does not belong together and that the best way out of conflict is to fight (and win). Healthy conversation between opposing ideas is hard to come by. Rather than extend intellectual hospitality, we engage with ideas different from our own on a theological and ideological battlefield. God is present, though, in our difference and when we learn to communicate well, we open spaces for the Spirit to move, transforming our hearts, minds and relationships. This takes practice. Dialogue happens in every aspect of life – communication patterns are reinforced daily, even hourly. Healthy dialogue is like a muscle we need to use, stretch and strengthen to keep healthy and functioning. When we talk about difficult issues, we need that muscle to be in good shape. If it isn't well practiced, it won't work correctly and can cause injury. Come join Jes Stoltzfus Buller, Mennonite Central Committee Peace Education Coordinator, in a weekend of stretching and strengthening our dialogue muscle through a hands-on workshop, working at active listening, centered speaking and healthy process in talking about difficult issues.

## Where

Sonnenberg Mennonite  
Church

14367 Hackett Road

Kidron, Ohio

## Led by

Jes Stoltzfus Buller

Mennonite Central Committee

Peace Education Coordinator



## RSVP

Sonnenberg Mennonite

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330-857-8222

## SCHEDULE

Friday, November 9

6:30pm – 8:30pm

Session 1 "Active Listening"

Saturday, November 10

8:30am – 10:30am

Session 2 "Speaking from  
the Heart"

10:30am – 12:30pm

Session 3 "Dialogue  
Process"

12:30pm – 1:30pm

Lunch (included)

1:30pm – 3:30pm

Session 4 "Putting it into  
Practice"