

Mentoring—Best Practices

09-19-13

- Find/Establish a pattern or rhythm for meeting.
- Agenda at the beginning of the relationship may give way later to the deepening relationship and lived questions
- Mentoring relationships sometimes develop into spiritual friendships.
- Mentoring (from a mentor's perspective) provides an opportunity to reconnect with one's own sense of call.
- Listen first—Reflect—Ask questions
- Important to name both gifts and opportunities for growth
- Pray together.
- Especially for long-distance relationships (though not limited to these) it can be valuable for the mentee to provide a journal or ministry reflection in writing prior to the time of meeting together.
- Be sure to celebrate and recognize the ending of the formal relationship even if it shifts to a spiritual friendship.